



## GUIDE TO GRI OVERVIEW REPORT

The Daily Technical Overview report is a daily publication featuring technical analysis on the most actively traded U.S. markets. The focus of the five page letter is geared to a retail broker, seeking a general summary and interpretation of short-term technical trends and developments. Often the computer indicators and rigid technical systems do not always match the changing behavior of the market. The subjective human analysis of Mr. Helms provides a concise review of market developments, keeping a focus on short term trends and trading opportunities. Along with each day's comments is a page of trading ideas entitled the Short-Term Outlook. The Short-Term Outlook does not represent a trading system, but rather a stimulus to focus on opportunities in the market. Once a month a Long-Term Technical Review is produced giving a larger perspective on trend direction.

### Key Details

- The Overview report can be delivered by fax or email, in a pdf format or in a text format. The pdf version is approximately 5 pages in length and follows a preset structure of markets. Those wishing a more customized list of individual markets, should consider the Sector Report.
- The Long Term Technical Review is typically published on the final day of each month, pending on holidays and timing of weekends.
- The Overview's Short Term Outlook features trading ideas focusing on two days to two weeks. The suggested trades are not part of a trading system, but intended to stimulate the reader about projected trade activity.
- The Overview Report covers the lead or primary contract month for the following markets.  
US: Wheat, Corn, Beans, Meal, Oil, Cotton, Cattle, Hogs, Pound, Canadian\$, Euro, Yen, Swiss, Aus\$, US\$, Gold, Silver, Copper, Eurodollar, T-Bonds, T-Notes, S&P, Dow Jones, NASDAQ, Russell, Sugar, Coffee, Cocoa, Crude, Natural Gas, Heating Oil, and RBOB.  
EUROPEAN: Bobl, Shatz, Bund, DAX, Stoxx, Euribor, Sterling, Gilt, FTSE, CAC.
- The Overview Report will be published each evening around 7:00 PM CST.
- Commentary from the Overview report covers only the main / lead contract. Back month contracts that can be included within the Sector Report will have computer commentary.